

The Vedanta Society of St. Louis

Swami Chetanananda – Minister and Spiritual Teacher

RAMAKRISHNA ORDER OF INDIA

January 2019

Sunday Services 10:30 a.m.

- January*
- 6 Holy Mother's Struggles Inspire Us (*Anniversary Service*)
 - 13 For Seekers of God (*Anniversary Service of Swami Shivananda*)
 - 20 The Parliaments of the World's Religions
David Oughton, Professor at St. Louis University
 - 27 Vivekananda: After the Parliament of Religions
(*Anniversary Service*)

Classes

No Tuesday or Thursday classes (*Winter Break*)

Appointments for interviews should be made with the Swami in advance at 721-5118.

Membership in the Society is open to all who accept Vedantic teachings.

The Society maintains a rental library for members and stocks books for sale.

www.vedantastl.org

ALL ARE WELCOME

Usha Mehra

With sadness we record the December passing of Dr. Usha Mehra. Usha was loved and respected by her many OB/GYN patients as well as by those who worked with her. In fact many nurses picked Dr. Mehra to be their own doctor. One of her patients called her "a wonderful and compassionate human being. And so very patient with her explanations of everything. I loved her quiet demeanor." Usha considered herself a karmi yogi whose main duty was to help people. She was known for providing kind and compassionate care to all she served.

Usha was very devoted to her guru, Swami Chetanananda, and regularly attended Swami's classes and lectures in recent years. She was deeply spiritual, and found much peace of mind in coming to Vedanta. She endured her final pain in a calm and dignified way. And in the last stage when she couldn't even open her eyes or communicate, she kept saying "Bhagwan" [God in Hindi] over and over. Her daughter Anita said that she died with a smile on her face.