The Vedanta Society of St. Louis

Swami Chetanananda – Minister and Spiritual Teacher

RAMAKRISHNA ORDER OF INDIA

June 2019

Sunday Services 10:30 a.m.

June	**2**	The Significance of Worship *Swami Nirakarananda*
	9	Preparation for Meditation
	16	Why Do You Weep, My Friend?
	23	Thoughts on the Gita – Part 101
	30	Stories of Vedanta Monks – Part 24

Classes

Tuesdays:	Panchadashi, with Guided Meditation (205 S. Skinker)
Thursdays:	Talks With Vivekananda (211 S. Skinker)

Appointments for interviews should be made with the Swami in advance at 314-721-5118.
Membership in the Society is open to all who accept Vedantic teachings.
The Society maintains a rental library for members and stocks books for sale.
www.vedantastl.org YouTube: VedantaSTL

ALL ARE WELCOME

Swami Ramakrishnananda on Forgetting the Ego

"What in the West they call the devil, we here in India call ego. In the West they externalize their devil. Here, too, they do it, but not in the same way. The West also puts its God far off up there somewhere, while the Hindu keeps Him inside.

"It is the greatest relief when we get rid of egotism. It is as if a heavy burden rolled off. At once all our doubts and fears, anxieties and troubles disappear. When the 'I' is gone, nothing remains but God or Divinity. Let Him exist alone in his glory. Deny ego, it is the cause of all your miseries."

Then he added in incisive tones: "You will have to get rid of this ego, you will have to drive out the first personal pronoun 'I' before you can realize God. God's will is the only will in the whole universe and your little will is only a small reflection of that universal will and only exists because that great will exists.

"Bring God inside yourself. This is the way to forget the ego. Feel His presence in your heart. The moment you feel that presence, you will not have to drive away the ego. It will disappear of itself. Selfishness will go. Your little glory will be lost in the infinite glory of God."

— **Days in an Indian Monastery**, Sister Devamata, p. 24-5