

The Vedanta Society of St. Louis

Swami Chetanananda – Minister and Spiritual Teacher
RAMAKRISHNA ORDER OF INDIA

September 2019

Sunday Services 10:30 a.m.

- September 1** Satsang
Swami Nishpapananda and Swami Nirakarananda
- 8** Transformed by a Touch
George Albertus
- 15** Krishna Festival
*Swami Satyamayananda, Assistant Minister,
Vedanta Society of Southern California
(Lunch served 12:45 p.m.)*
- 22** Glimpses of Swami Trigunatitananda
Swami Nishpapananda
- 29** Introduction to Raja Yoga
Swami Nirakarananda

No Tuesday or Thursday Classes in September

Appointments for interviews should be made with the Swami in advance at 314-721-5118.

Membership in the Society is open to all who accept Vedantic teachings. The

Society maintains a rental library for members and stocks books for sale.

www.vedantastl.org YouTube: VedantaSTL

ALL ARE WELCOME

Self-Effort and Divine Grace

“Sir, is it not then in human hands to practise spiritual disciplines? A person might simply say, ‘Whatever I do is according to God’s will.’”

The Master replied: “What good does it do to say that? One may say, ‘There is no thorn, no pricking; but one still cries out when one’s hand is pricked by a thorn. If practising spiritual disciplines were at one’s discretion, everyone would practise them. Why don’t they do it? If you don’t properly use the power God has given to you, He won’t give you more. That is why one needs self-effort or perseverance. Look, everyone has to make some effort. Only then can one attain God’s grace. When one makes the effort, by God’s grace ten lifetimes of suffering are finished in one lifetime. But one must make some effort, even while depending on Him.

— Swami Saradananda, **Ramakrishna and His Divine Play**, p. 150-51