

# The Vedanta Society of St. Louis

Swami Chetanananda – Minister and Spiritual Teacher  
RAMAKRISHNA ORDER OF INDIA

October, 2021

We are pleased to resume in person attendance to Sunday lectures in October. We will observe covid precautions of limited, distanced seating, mandatory mask wearing, and proof of full vaccination status. Details including how to reserve seats will be on our website the week before.

Lectures will continue to be live streamed Sundays on our YouTube channel at 10:35 a.m. To request access to the Q&A zoom meeting following the lecture, send an email to [join@vedantastl.org](mailto:join@vedantastl.org).

**Sunday Services** 10:35 a.m.

- October**
- 3 Stories of Vedanta Monks – Part 42
  - 10 Thoughts on the Gita – Part 119
  - 17 Spiritual Excitement in Human Life
  - 24 Adore Your Mother
  - 31 Teach Us the Upanishads – Part 9

## **No Tuesday or Thursday Classes in October**

Appointments for phone interviews should be made with the Swami in advance at 314-721-5118.

Membership in the Society is open to all who accept Vedantic teachings.  
The Society maintains a rental library for members and stocks books for sale.

[www.vedantastl.org](http://www.vedantastl.org) YouTube: VedantaSTL

ALL ARE WELCOME

### **The Real Self**

Never mind the tale of woe. The world is full of woe, but it always belongs to the little self, and that we want to do away with, is it not so? We create our own misery right along. It is mostly misunderstanding, and when not that, then certainly lack of discrimination and lack of love. But that is inevitable; we must stumble and get up again. Some day we will see oneness, and then we will treat woe for what it is worth.

Ujjvala, with all our little troubles, let us look at the great kindness of the Master. How tenderly he is watching over us, and caring for us. Think of the privileges and opportunities he is offering us. I feel so very thankful for his kindness. He is weaning us gradually from all that is not him and is drawing us closer to him, if only we are willing to come. And now we are willing, is it not so? We have had enough of play and little fights and nonsense. That all belongs to the little self; we now want to see the real Self in all. A little misery and a little happiness must come, but we do not want to feel disturbed by them anymore. We want to think of the Mother, and the rest will take care of itself.

– Swami Atulananda, from letter to Ida Ansell, Shanti Ashrama, April 6, 1903. **With the Swamis in America and India**, p. 113