

The Vedanta Society of St. Louis

Swami Chetanananda – Minister and Spiritual Teacher

Swami Shivarchanananda – Assistant Minister

RAMAKRISHNA ORDER OF INDIA

June 2022

We welcome in person attendance, but encourage vaccinations, boosters and wearing masks as our local covid-infections are rising. If you have any covid-like symptoms we would ask that you watch from home on YouTube.

Lectures are live streamed Sundays on our YouTube channel at 10:35 a.m. To request access to the Q&A zoom meeting following the lecture, send an email to join@vedantastl.org.

Sunday Services – 10:35 a.m.

June 5 Holy Mother and Adjustment Yoga

Swami Kripamayanda, Head of the Vedanta of Society of Toronto

12 Ramakrishna Mission – 125th Anniversary

19 Understanding the Apparent and the Real

Swami Shivarchanananda

26 Thoughts on the Gita – Part 129

No Tuesday and Thursday Classes in June

Appointments for phone interviews can be made with the Swami in advance at 314-721-5118.

Membership in the Society is open to all who accept Vedantic teachings.

The library and bookstore are closed due to COVID-19. The online bookstore is available at www.vedantastl.org. Sunday lectures are on YouTube at VedantaSTL.

ALL ARE WELCOME

Thinking Opposite Thoughts

‘Why is it Maharaj, you are often seen to mutter like this?’ At this he said, ‘You don’t know, this human mind is a rogue of the first magnitude. It is always prone to get twisted in the wrong way. So it needs hard counter-twisting every now and then.’ And he showed with his hands how to counter-twist a rope.

The author: ‘To feed the mind with the opposites of whatever rise in it – is that the path of discrimination?’

Latu Maharaj: ‘Yes, that is one path of discrimination – to go on revolving in mind the opposite of what comes into it. When one is well practiced in this his mind reaches a stage when this opposite-thinking becomes natural and automatic – when anger comes its opposite forgiveness supplants it; greed is supplanted by charity, sex urge by love of God, cruelty by non-injury. If you can continue this practice for some time your mind calms down of itself.’

– *Swami Adbhutananda as We Saw Him, pp. 367*