

The Vedanta Society of St. Louis

Swami Chetanananda – Minister and Spiritual Teacher

Swami Shivarchanananda – Assistant Minister

RAMAKRISHNA ORDER OF INDIA

January, 2023

We welcome in person attendance, but encourage vaccinations, boosters and wearing masks as covid is still present. If you have any cold, flu, or covid-like symptoms we would ask that you watch from home on YouTube.

Lectures are live streamed Sundays on our YouTube channel at 10:35 a.m. To request access to the Q&A zoom meeting following the January 1 lecture if you don't already receive our weekly links email, please send an email to join@vedantastl.org. January 1 will be the last Q&A by Swami Chetanananda until he returns from his trip to India in early March.

Sunday Services 10:35 a.m.

- January 1 'May You All Be Illumined'
Swami Shivarchanananda
- 8 Glimpses of Swami Saradananda
Swami Nishpapananda
- 15 Swami Vivekananda: An Inspiration (*Special Service*)
Swami Shivarchanananda
- 22 Swami Brahmananda As A Spiritual Teacher – Part 2 (*Special Service*)
Swami Nishpapananda
- 29 The Quest for Freedom
Swami Nirakarananda

No Tuesday or Thursday Classes in January

Appointments for phone interviews should be made with the Swami in advance at 314-721-5118.

Membership in the Society is open to all who accept Vedantic teachings.

We maintain a bookstore, and an online bookstore is available at www.vedantastl.org.

Sunday lectures are on YouTube at VedantaSTL.

ALL ARE WELCOME

Put Up With Everything

QUESTION: Maharaj, we have come here leaving our hearth and home. But we still have not overcome the perversities of the mind. We are not getting along together.

MAHARAJ: My boy, put up with everything. The Master used to say, "He who endures is saved." Is there anything more noble than living harmoniously with others? How much one must forbear in this world! Can any good come to those who hurt others?

"Tell the truth, tell what is agreeable, but don't tell an unpleasant truth." Never tell a harsh truth if it might hurt someone. Just see how different sorts of people come to me — good and bad — and I receive them all with equal care and courtesy. If bad people come here and are told, "Go away!" — where will they go? Everyone can live with illumined souls like Sanaka and Sanatana. Nobility consists in being able to live with all sorts of people.

— Swami Brahmananda (*Maharaj*) in **A Guide to Spiritual Life**, p. 136