

The Vedanta Society of St. Louis

Swami Chetanananda – Minister and Spiritual Teacher

Swami Shivarchanananda – Assistant Minister

RAMAKRISHNA ORDER OF INDIA

September 2023

In-person lectures resume in September and will be streamed on our YouTube channel Sundays at 10:35 a.m. (Q&A zoom sessions after the lectures will resume in October after Swami Chetanananda returns.)

Sunday Services 10:35 a.m.

- 3 Vivekananda's Great Temptation
Swami Nishpapananda
- 10 Sri Ramakrishna's Mahavakyas
Swami Nirakarananda
- 17 Enriching the Interpersonal Relationship Through Service
Swami Shivarchanananda
- 24 Krishna Festival: Chanting, singing, talk by *Swami Sumanasananda*,
Asst. Minister, Vedanta Society of Southern California,
"Meditate on That Supreme Truth!". (Lunch at 12:45)

No Tuesday and Thursday Classes in September

Special Talk on Thursday, September 7 at 8:00 p.m.

Swami Atmajnananda, Head of Centro Ramakrishna Vedanta in Rio de Janeiro, will speak on "Understanding Sri Ramakrishna".

Appointments for interviews should be made with the Swami in advance at 314-721-5118.

Membership in the Society is open to all who accept Vedantic teachings.

We maintain a bookstore, and an online bookstore is available at www.vedantastl.org.

Sunday lectures are on YouTube at VedantaSTL.

ALL ARE WELCOME

If You Are Sincere

Advance in the religious path with all your heart and soul. Try to make your mind very strong, so as to surmount all hindrances and obstructions that may come on the path. Pray always that you may have strength, vigour, and energy in your heart. Without energy, nothing can be achieved. If *rajas*, in the form of energy, does not come into your heart, *sattva* will not follow. And unless you are *sattvik* – that is to say, pure in heart – Brahman will not be revealed in your consciousness.

Learn to believe in yourself, consider yourself to be a divine child, and think that bad qualities such as selfishness will never manifest themselves in you. If bad qualities come, arouse yourself and throw them out. Do your duties and place your mind and heart in God. In time he will make everything all right for you. If you are sincere, everything will be accomplished. Meditate deeply on one of the many aspects of Sri Ramakrishna, understand its true significance, and try to reflect the same aspect in your life.

— Swami Premananda, **Memories of a Loving Soul**, pp. 117-8