

# The Vedanta Society of St. Louis

Swami Chetanananda – Minister and Spiritual Teacher

Swami Shivarchanananda – Assistant Minister

RAMAKRISHNA ORDER OF INDIA

November 2023

In-person lectures will be streamed on our YouTube channel Sundays at 10:35 a.m. Q&A sessions on zoom with Swami Chetanananda will follow lectures.

## **Sunday Services 10:35 a.m.**

- 5 Buddha and His Teachings – Part 30  
*Swami Chetanananda*
- 12 Evenness to Calmness, Calmness to Invincibility  
*Swami Shivarchanananda*
- 19 The Magic of Storytelling  
*Pravrajika Brahmaprana, Ramakrishna Vedanta Society of North Texas*
- 26 Remedy to the Modern Maladies in the Light of Sri Ramakrishna's Teachings  
*Swami Kirtipradananda, Vedanta Society of Greater Houston*

## **Classes (by Swami Shivarchanananda) 8:00 p.m.**

Tuesdays Narada Bhakti Sutras

Thursdays My Blessed Days with Holy Mother (*except Nov. 23, Thanksgiving*)

Appointments for interviews should be made with the Swami in advance at 314-721-5118.

Membership in the Society is open to all who accept Vedantic teachings.

We maintain a bookstore, and an online bookstore is available at [www.vedantastl.org](http://www.vedantastl.org).

Sunday lectures are on YouTube at VedantaSTL.

ALL ARE WELCOME

### **Sincerity is the only thing needed**

If the Lord is pleased, everyone is pleased. Therefore, never forget to serve the Lord first. But generally it becomes the reverse. Instead of serving the Lord, we enjoy ourselves during the time of festivity. This is one of the greatest drawbacks to the religion of service. One is protected from this if one is careful, mindful, prayerful, and dispassionate.

In the immature state, every religious path is attended with the fear of falling and failure. There is no fear, however, if the love of God deepens. But this intense love does not arise unless one is free from selfishness. Whatever path you follow, spirituality cannot be fully manifested unless egoism, selfishness, and craving for sense-enjoyment are eliminated.

A devotee of God has nothing to fear because the Lord protects his devotee if he has the right attitude. Sincerity is the only thing needed. To unite the mind and speech is the supreme sadhana. Although it cannot be accomplished all at once, there is no doubt that it can be done by gradual practice. The Lord himself helps one to do this. Without his grace everyone is helpless. . . .

– *Spiritual Treasures: Letters of Swami Turiyananda*, p. 107